



DISCIPLESHIP FOLLOW ME

BEING AND MAKING DISCIPLES OF JESUS CHRIST



KINGSTON
community church

SMALL GROUP GUIDE

Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”
MATTHEW 28:18-20

All Scripture quotations are from The New International Version (Grand Rapids, MI: Zondervan, 2011). All rights reserved.

GOD’S COMMUNITY - OUR COMMUNITY is designed and written for the Kingston Community Church family and its associated small group ministry.

Developed by

KINGSTON COMMUNITY CHURCH

TO LOVE AND HONOUR **GOD** IN BEING
DISCIPLES
and helping make disciples of our
LORD JESUS CHRIST MATTHEW 28:18-20

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BEING AND MAKING DISCIPLES OF JESUS CHRIST



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Jesus called us to be and make disciples. Be and make followers of Jesus.

Therefore go and make disciples of all nations...

MATTHEW 28:19

Discipleship is a relationship. A relationship that involves following the heart, ways, and mission of Jesus. It is a journey of meeting Jesus, growing in intimacy, walk, and likeness to Jesus, and equipping people to be disciple makers for Jesus.

In this series we will explore what it means to...

- Follow Jesus!
- Become like Jesus!
- Learn Together!
- Multiply ministry!

Let's learn together what it means and looks like to follow Jesus, be changed by Jesus, and to be committed to the mission of Jesus. This is what discipleship means. What it means when Jesus says follow me!

Discipleship: Follow Me!

To access a video of the Sunday messages that go with this series, follow the QR code below to go to our website...



To access the audio of the Sunday messages that go with this series, follow the QR code below to go to Spotify...



DISCIPLESHIP

FOLLOW JESUS

BEING AND MAKING DISCIPLES OF JESUS CHRIST



Then Jesus said to his disciples, “Whoever wants to be my disciple must deny themselves and take up their cross and follow me.

MATTHEW 16:24

PERSONAL PREPARATION

In preparation for the Sunday message, and your small group session, what do you think it means to follow Jesus?

READ SCRIPTURE

Read MATTHEW 16:21-28

MESSAGE NOTES

Listen and take notes from the Sunday morning message or listen online.
<https://www.kingstoncommunitychurch.com> or Spotify.

GROUP STUDY

OPEN IN PRAYER

OPENING QUESTION

Do you think we are all created to follow?

SETTING THE SCENE

There are two approaches to life. Live for self or live for Jesus. Deny Jesus or deny self.

We are all disciples, followers of something or someone. To follow Jesus is to give yourself completely to Jesus. Our life, purpose and very identity is shaped by Jesus. Who He is and what He has done.

We no longer put our own plans, desires and ideas first, but increasingly are reflecting what Jesus says is our purpose, passion and mission in life.

To be a disciple is to follow Jesus!
Discipleship is following Jesus!

READ SCRIPTURE

Have someone read MATTHEW 16:21-28

PROVIDE OPPORTUNITY TO SHARE

What were the main truths you heard from the message on Sunday?

USE THE FOLLOWING QUESTIONS TO GUIDE YOUR DISCUSSIONS

■ What words are used to describe discipleship in MATTHEW 16:21-28?

■ How is Peter a 'stumbling block' to Jesus? MATTHEW 16:23

- How are we stumbling blocks to Jesus' purposes?

■ There are some key phrases used to describe what it means to be a disciple, to follow Jesus. What do each of these phrases mean?
MATTHEW 16:24

“...come after me...”

“...deny himself...”

“...take up his cross...”

“...follow me.”

- More specifically what does it look like for us to do this?

■ We follow what we value. What gives your life value?

■ What does it mean, that as a disciple, we must lose our lives to find it?
MATTHEW 16:25-26

■ What does it mean specifically for you to deny self, take up your cross, and follow Jesus?

PROVIDE OPPORTUNITY FOR EACH PARTICIPANT TO CONTRIBUTE PRAYER AND PRAISE POINTS AND AS A GROUP SHARE IN A TIME OF PRAYER

DISCIPLESHIP

BECOME LIKE JESUS

BEING AND MAKING DISCIPLES OF JESUS CHRIST



And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

COLOSSIANS 3:17

PERSONAL PREPARATION

In preparation for the Sunday message, and your small group session, how do you think the people around you, would describe you as a disciple?

READ SCRIPTURE

Read COLOSSIANS 3

MESSAGE NOTES

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GROUP STUDY

OPEN IN PRAYER

OPENING QUESTION

What shapes how you react in challenging circumstances?

SETTING THE SCENE

What does it mean to “become more like Jesus? To follow Jesus means to follow his example, but also to have our whole being (head, heart and body) shaped and conformed increasingly into the likeness of Jesus.

To become more like Jesus is to ‘put off’ the old and ‘put on’ the new. We love what Jesus loves.

With following Jesus as our primary relationship, it is to influence every other relationship we have, and the way we relate to the people around us.

To be a disciple is to become like Jesus!
Discipleship is becoming like Jesus!


READ SCRIPTURE

Have someone read COLOSSIANS 3

PROVIDE OPPORTUNITY TO SHARE

What were the main truths you heard from the message on Sunday?

USE THE FOLLOWING QUESTIONS TO GUIDE YOUR DISCUSSIONS

 What does Paul say is the focus of discipleship, the focus of following Jesus? COLOSSIANS 3:1-2

■ Being a disciple is our whole being (Heart, soul, body) being shaped by Jesus. What does it mean to...

“...**set your hearts...**” COLOSSIANS 3:1

“...**set your minds...**” COLOSSIANS 3:2

“...**Put to death...**” COLOSSIANS 3:5

“...**clothe yourselves...**” COLOSSIANS 3:12

- More specifically what does it look like for us to do this?

■ What has Jesus done for us to make this transformation possible?
COLOSSIANS 3:1-4

■ Compare the old self (COLOSSIANS 3:5-9) and the new self (COLOSSIANS 3:12-14).

- Who is doing what to who, so that ‘Christ is in all’?
COLOSSIANS 3:10-11

■ How does becoming like Jesus shape our relationships?
COLOSSIANS 3:15-24

■ What is it you need to be ‘setting’ you heart or mind to, or ‘putting on’ to become more like Jesus in the coming week?

PROVIDE OPPORTUNITY FOR EACH PARTICIPANT TO CONTRIBUTE PRAYER AND PRAISE POINTS AND AS A GROUP SHARE IN A TIME OF PRAYER

DISCIPLESHIP

LEARNING TOGETHER

BEING AND MAKING DISCIPLES OF JESUS CHRIST



**And all who believed were together and had all things in common.
And they were selling their possessions and belongings and
distributing the proceeds to all, as any had need.**

ACTS 2:44-45

PERSONAL PREPARATION

In preparation for the Sunday message, and your small group session, how connected are you to your fellow disciples, followers of Jesus?

READ SCRIPTURE

Read ACTS 2:42-47

MESSAGE NOTES

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GROUP STUDY

OPEN IN PRAYER

OPENING QUESTION

What do you think of Jesus' words, it's better to give than to receive?
ACTS 20:35

SETTING THE SCENE

In discipleship, learning is all about personal relationship with Jesus, getting to know Him better each day. But this learning is not in isolation.

We are in a family of disciples. We are learning together, sharing with each other, doing this new life together. This learning together has the goal of becoming imitators of God, following Jesus. A learning that is grounded in love, to reflect love. The sacrificial love of Jesus.

As Jesus invested His life for us, we too are to invest our lives for others.

To be a disciple is about learning together!
Discipleship is learning together!

READ SCRIPTURE

Have someone read ACTS 2:42-47

PROVIDE OPPORTUNITY TO SHARE

What were the main truths you heard from the message on Sunday?

USE THE FOLLOWING QUESTIONS TO GUIDE YOUR DISCUSSIONS

■ What did the disciples, followers of Jesus devote themselves to?
ACTS 2:42

■ What does it look like to 'devote ourselves' to these today?

■ What do you 'devote' yourself to that excludes, rather than includes others?

■ This is a very practical passage about being disciples together in the realities of life.

- What would it look like for us to 'do life' together?
- What barriers are there to this?
- How can we overcome these barriers?

■ What is the fruit of learning together as disciples, followers of Jesus?
ACTS 2:47

- How is that possible in our circumstances today?

■ What is one move/change you can make in the coming weeks to become better relationally connected in the lives of others?

PROVIDE OPPORTUNITY FOR EACH PARTICIPANT TO CONTRIBUTE PRAYER AND PRAISE POINTS AND AS A GROUP SHARE IN A TIME OF PRAYER

DISCIPLESHIP

MULTIPLYING MINISTRY

BEING AND MAKING DISCIPLES OF JESUS CHRIST



So the word of God spread. The number of disciples in Jerusalem increased rapidly, and a large number of priests became obedient to the faith.

ACTS 6:7

PERSONAL PREPARATION

In preparation for the Sunday message, and your small group session, how are you drawing others into being disciples, followers of Jesus?

READ SCRIPTURE

Read ACTS 6:1-7

MESSAGE NOTES

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GROUP STUDY

OPEN IN PRAYER

OPENING QUESTION

What is the difference between multiplying ministries and duplication ministries?

SETTING THE SCENE

Discipleship is about overflow and multiplication. As the church is unified in following Jesus, disciples are multiplied.

Disciples make disciples who make disciples. An addition ministry is about discipling one, and that's where it ends. Multiplying ministry is when we are willing to invest in one, who will invest in another, and then another.

Discipleship as a multiplying ministry, meeting people where they are at in all stages of a person's faith journey. From a yet to be Christian, to new follower, to a maturing follower. The fruit is Kingdom growth. More disciples, and more maturing disciples of Jesus.

To be a disciple is about multiplying ministry!
Discipleship is multiplying ministry!


READ SCRIPTURE

Have someone read ACTS 6:1-7

PROVIDE OPPORTUNITY TO SHARE

What were the main truths you heard from the message on Sunday?

USE THE FOLLOWING QUESTIONS TO GUIDE YOUR DISCUSSIONS

-  The church is a body, with each part doing their bit. Why is this important?

- How are the actions of the apostles in this passage reflective of a multiplying ministry? ACTS 6:3-4

- In light of the previous studies we have done on discipleship, what were the apostles multiplying? ACTS 6:3
 - What are we seeking to multiply in our church family?

- There was a mutual decision made in this passage, a desire to invest in others by the apostles, and the willingness to serve and learn by those chosen.
 - What is hardest for you, handing things over or stepping up to serve? Why?

- The result of discipleship multiplication within the church family, saw another form of multiplication. What was it? ACTS 6:7
 - How does one affect the other?

- It all started with a need. What need do you see in someone in your life, no matter what stage they are at in their faith journey, that you could invest in?

PROVIDE OPPORTUNITY FOR EACH PARTICIPANT TO CONTRIBUTE PRAYER AND PRAISE POINTS AND AS A GROUP SHARE IN A TIME OF PRAYER

